Intro to Addiction / CRN #74273

Welcome!

Instructor:

Starlene Graber, PhD, LMFT

Contact information:

Email Address: Starlene_Graber@cuesta.edu or Inbox through Canvas

Phone Number: Sometimes it is better to discuss the course and answer more difficult questions over the phone. If you would like to talk with me, please feel free to send me a Canvas message with your telephone number and when you are available. I return calls Monday, Tuesday, and Thursday after 8:00 pm. I may at some point during the semester ask to talk with you over the phone. Messages and emails have their limitations and aren't always the most efficient and effective method.

Office Location/ Hours: I am available on Cuesta College campus by appointment. My office is located in Building 4000 at the Child Development Center. Send me an email and I can arrange to meet in person, by telephone, or online.

Instructor Contact Expectations: The best and fastest way to contact me is email. I will generally respond to your emails within 24 hours, including weekends and holidays. During busy times of the semester, the response time may increase to 48 hours. I respond to the email at starlene_graber@cuesta.edu and also email at the Inbox in the Canvas system.

Course Environment: This online course will be using a Web-based Learning Management System Canvas as the method to disseminate information. Canvas provides the framework for the course including PowerPoint presentations, student files, the tools to receive and send course materials, and a grade book. Using the communication tools, you can communicate using e-mail, and you can share materials and ideas with other course participants via the discussion forums and groups.

Class opens / Accessing Canvas: Prior to the Monday classes starting October 15, 2018, you will receive an email to your my.Cuesta.edu address providing you with a reminder that class will be starting and log in procedures for Canvas, the learning management system (LMS) used to deliver course content. You can access Canvas by logging into MyCuesta, then clicking on the Resources Tab, then clicking on Canvas in the Online Learning Channel, or by typing the Canvas address

(https://cuesta.instructure.com/) into your browser address bar. Do not bookmark / favorite the canvas site after your login, or you will get an error message next time you try to log in. You must access the canvas log in directly.

If you are not familiar with logging into canvas, please refer to the [Canvas Quick Reference Guide.](Canvas Quick Reference Guide) Once logged into Canvas you will be directed on where to get started. Be sure to read all the directions on the course home page.

If you are having difficulty logging into Canvas after October 15, 2018 and need assistance please email technical support at this email address: support@my.cuesta.edu. When you email the tech support, please include your name, class, CRN#, and instructor's name. Then describe the problem you are having. You will generally get a response from the tech support staff within 48 hours and usually sooner. If you do not hear a response within 48 hours, then email again.

Online Learning: If you have never taken an online class or this is your first experience with Canvas, please be patient with yourself. Online classes are not inherently easier, although they may be much more convenient for many students. You should expect to spend at least as much time, if not more on this course as you would on a course that meets face to face. Since there is no lecture component, much of this time will be self-directed and there will be a substantial amount of reading, viewing, studying, and writing required. This course is completely online using Canvas; all coursework (discussions, assignments, quizzes) is submitted online. There are no face-to-face meetings. The total of 3.0 credits is available for this short course offered in nine weeks (half of the normal semester), please be prepared to spend 12 hours per week on coursework for this class. Please be advised that this is not a self-paced course and you will need to keep up with the Course Calendar as the graded activities will only be available for the week between Monday to Sunday.

IS an ONLINE CLASS FOR YOU?
First, go to the Online Readiness Resources to take a "self-assessment". There are many resources that were designed to help you understand the basis for an online class and the skills necessary for success. (If the tutorials do **NOT** describe you, then taking this class online is **NOT** for you and I strongly suggest that you drop the online class and enroll in a traditional classroom section.)

Regular and Effective Contact policy:

Regular and Effective Instructor Contact will be met through weekly instructor initiated threaded discussion forums; weekly announcements to students; timely and effective feedback on student assignments; email, phone or messaging to individuals; and office hours. The Instructor encourages students to regularly communicate with the instructor and other students as online environments can be isolative, so creating a true learning environment is really important for all student learning.

Students will actively participate in Discussions with other students, share information with each other, and the instructor will also monitor and participate in the weekly discussion forums. Students must log in and participate on a weekly basis as this is not a self-paced course. Each week the Course will cover two chapters per week with activities to be completed each week. Please create a back-up plan (Cuesta's computer lab, a friend or relative's computer, work after hours as the course is available 24/7) and do not wait until the last minute to submit class work. The Chapter begins on Mondays and closes on Sunday nights.

Course Description:

Explores historical, psychological, and sociological perspectives on the use, abuse, and social control of psychoactive drugs. Presents in depth analysis of the theoretical models of the biopsychosocial nature of addiction, the dynamics of addiction, the impact of addiction on children, families and society with emphasis on special populations, contemporary treatment and prevention approaches, and the addiction counseling profession.

Student Learning Outcomes:

Upon completion of this course, the student should be able to:

1. Identify and critically evaluate the relative strengths and biases of the major research, theories, and models of substance use, abuse, and addiction.

2. Assess the impact of substance use, abuse, and dependency on society, families, and individuals with sensitivity to ethnicity, gender, age, and sexual orientation assess the role these factors play in contributing to and preventing addiction.

3. Apply principles of prevention and intervention personally and in their communities, including related vocational, educational, criminal justice, and health settings.

4. Summarize the major causes of and proposed solutions for problems related to substance use, abuse, and dependency.

Text Book and Materials:

Connect – includes the online textbook. There will be an option for using the online text for free for the first two weeks.

Fields, Richard. (2017). Drugs in Perspective: Causes, Assessment, Family, Prevention, Intervention, and Treatment (9th ed). McGraw Hill Education: New York.

Supplemental Materials necessary for the class, as applicable. For example:
- You must use Mozilla Firefox, Safari, or Chrome for Connect

- [Adobe reader](#)
- [PPT free Version](#)
- Google Slides

Technical Support:

Cuesta students are encouraged to direct all technical support inquiries to support@my.cuesta.edu. If you are having issues with Canvas, you should contact the Canvas Support Hotline at (877) 921-7680, or click on the help button on the Canvas Navigation to report a problem.

If you are having difficulty viewing the course or logging in, it may be because you are not using the correct url: https://cuesta.instructure.com/ or you are using your phone or using an unsupported browser.

Your learning environment is best accessed from a desktop or laptop computer, using Firefox or Chrome. This may solve your problem! Please review the [browser requirements and minimum computer specifications](http://www.cuesta.edu/student/aboutacad/distance/faqs_technical.html)
http://www.cuesta.edu/student/aboutacad/distance/faqs_technical.html

Accommodations:

This course is designed using an accessible Learning Management System, and course materials have been created with ADA compliance in mind. If you have a disability and might need accommodations in this class such as extended time on exams or other resources. Please contact the instructor as soon as possible so that you can receive appropriate accommodations in a timely manner. You should also contact Disabled Student Programs and Services at http://www.cuesta.edu/student/studentservices/dsps/index.html or call them at 805-546-3148.

College & Course Policies:

Academic Honesty Policy: Please note all students attending San Luis Obispo County Community College District at any district site and when representing Cuesta College in any off-campus activity, assume an obligation to conduct themselves in an acceptable manner compatible with the Student Code of conduct. Please review the [Cuesta College Student Code of conduct](#)

Add / Drop Policy: Please review the Cuesta policy for adds and drops
[Add Policy](#) : Adds will be guaranteed to the top 10 students on the waitlist.
[Drop Policy](#) : You will likely be dropped if you are inactive in Canvas or Connect for more than 14 days.

Waitlist Policy: Please review [Cuesta's waitlist procedure and instructions](#)