PSYC 201 / CRN: 50020

Instructor: Dr. Shaun Perisho

Contact information

Email Address: shaun perisho@cuesta.edu

Office Location/ Hours: By appointment any weekday throughout the course.

Start Date: 6/15/20

End Date: 7/24/20

Welcome to PSYC 201!

Welcome to Intro Psychology! This will be an interesting quarter as we adjust to teaching online. I'm going to ask for your patience as things might change a bit while we continue navigating this transition. It'll be important to keep a close eye on your inbox as well, because it'll be our lifeline for updates and communication throughout the class.

This might be the first online class that several of you have taken, so it's important to note that self-motivation will be huge as we move forward. You'll have a lot more independence in this format than traditional courses, which means you'll need to make sure you're following along with the material and keeping up with course updates. Our class will be asynchronous, which means that I'll be posting course lectures that you can watch on your own time (as opposed to having livestream lectures at scheduled times).

I'm still working out the details, but exams will most likely still be at scheduled times. They will be made available for a brief window on exam days and you will be given a limited amount of time to answer each question. It will be crucial that you have access to a reliable internet connection for this reason - please let me know as soon as possible if you do not.

I will be scheduling office hours by request, so please don't hesitate to email me (shaun_perisho@cuesta.edu) and set up a time if you have questions or would just like to know more about any of the topics we're covering. I will generally respond to your emails within 24 hours during weekdays only. During busy times of the semester, the response time may increase to 48 hours.

This is genuinely one of my favorite courses to teach. If you take the time to truly engage and invest in it, you'll likely come away with some insights that will change the way you approach life and relationships in fundamental ways. Over the course of this class, you will learn how to:

1. Describe the basic concepts, theoretical perspectives and definitions of vocabulary necessary for the understanding of psychology.

- 2. Compare and contrast the different research methods utilized by psychologists in the analysis of behavior.
- 3. Apply the basic theoretical perspectives to the scientific analysis of their own and others' behavior and personality, as well as psychological disorders and treatment methods.
- 4. Analyze the role of cognitive, physiological, hereditary, social, multicultural, and emotional factors in determining the complexity and diversity of human behavior.

I'm looking forward to the rest of the quarter - let me know if you have any questions at all!

-- Dr. Perisho

Text Book

Wade, Tavris, and Garry. *Invitation to Psychology* (6th Ed.), Pearson Prentice Hall.

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How the waitlist works

https://www.cuesta.edu/student/studentservices/admrreg/arpolicies/Waitlist.html

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