Welcome!

Introductory Psychology PSYC 201 / 70458

**Instructor:** Brent LaMon, Ph.D.

## Contact information

**Email Address:** blamon@cuesta.edu

**Phone Number:** (805) 541-3600 ext: 2681

**Office Location/ Hours:** Building 6200, room 6201, days & hours TBD

**Instructor Contact Expectations:**

The best and fastest way to contact me is email.  I will generally respond to your emails within 24 hours during weekdays only.  During busy times of the semester, the response time may increase to 48 hours.  On weekends, I may be able to get back to you but I cannot guarantee an immediate response.

**Course Environment:**

This online course will be using a Web-based Learning Management System Canvas as the method to disseminate information. Canvas provides the framework for the course including PowerPoint presentations, student data files, the tools to receive and send course materials, and a grade book. Using the communication tools, you can communicate using e-mail, and you can share materials and ideas with other course participants via the discussion forums and groups.

**Class opens / Accessing Canvas:**

Prior to the Monday classes start 8/17/2020, you will receive an email to your my.Cuesta.edu address providing you with a reminder that class will be starting and log in procedures for Canvas, the learning management system (LMS) used to deliver course content. You can access Canvas by logging into MyCuesta, then clicking on the Resources Tab, then clicking on Canvas in the Online Learning Channel, or by typing the Canvas address (<https://cuesta.instructure.com/>) into your browser address bar. Do not bookmark / favorite the canvas site after your login, or you will get an error message next time you try to log in. You must access the canvas log in directly.

If you are not familiar with logging into canvas, please refer to the [Canvas Quick Reference Guide.](https://www.cuesta.edu/academics/documents/distance-docs/Canvas_Quick_Reference_Students.pdf) Once logged into Canvas you will be directed on where to get started. Be sure to read all the directions on the course home page.

If you are having difficulty logging into Canvas after 8/17/2020 and need assistance please email me or technical support at this email address: [support@instructure.com](mailto:support@instructure.com)

**Online Learning:**

If you have never taken an online class or this is your first experience with Canvas, please be patient with yourself. Online classes are not inherently easier, although they may be much more convenient for many students. You should expect to spend at least as much time, if not more on this course as you would on a course that meets face to face. Since there is no lecture component, much of this time will be self-directed and there will be a substantial amount of reading, viewing, studying, and writing required. This course is completely online using Canvas; all coursework (discussions, assignments, quizzes, exams) is submitted online. There are no face-to-face meetings. Please be prepared to spend 8 - 12 hours per week minimum on coursework for this transfer-level college class.

IS an ONLINE CLASS FOR YOU?

* First, go to the [**Cuesta College Canvas Tutorial (self paced)**](https://www.cuesta.edu/academics/distance/survey.html), there are many resources that were designed to help you understand the basis for an online class and the skills necessary for success. (If the tutorials do **NOT** describe you, then taking this class online is **NOT** for you and I strongly suggest that you drop the online class and enroll in a traditional classroom section.)

## Regular Effective Contact policy:

Regular and Effective Instructor Contact will be met through a variety of weekly instructor-initiated methods that may include: threaded discussion forums; announcements to students; timely and effective feedback on student assignments; email, phone or messaging to individuals; and virtual office hours.

Many class activities will require students to stay current in text book and other assigned readings, lecture PowerPoint presentations, discussion forum participation and other class activities that require timely response, and so students should plan to log-in to class a minimum of several times each week for the duration of the course to stay current with course requirements and due dates.

## Course Description

The course introduces psychology as the study of behavior and mental pro­cesses involving biological, psychological and social influences that provide the basis for human experience. Principles involved in brain function, learning, development, motivation, perception, personality and social adjustment will be presented with the basic concepts, vocabulary and methods of psychology.

## Student Learning Outcomes

*Upon successful completion of this course, students will:*1. Describe the basic concepts, theoretical perspectives and definitions of vocabulary necessary for the understanding of psychology.

2. Compare and contrast the different research methods utilized by psychologists in the analysis of behavior.

3. Apply the basic theoretical perspectives to the scientific analysis of their own and other’s behavior and personality, as well as psychological disorders and treatment methods.

4. Analyze the role of cognitive, physiological, hereditary, social, multicultural, and emotional factors in determining the complexity and diversity of human behavior.

## Text Book and Materials

TEXT: *Exploring Psychology* (10th ed.). D.G. Myers & C.N. DeWall, Worth Publishing, 2016.

Students should be able to use a personal computer with internet access for the duration of the course and not attempt to rely on a cell phone as their primary means to access the Canvas course content.

## Technical Support

Cuesta students are encouraged to direct all technical support inquiries to [support@my.cuesta.edu](mailto:support@my.cuesta.edu). If you are having issues with Canvas, you should contact the Canvas Support Hotline at (877) 921-7680, or click on the help button on the Canvas Navigation to report a problem.

If you are having difficulty viewing the course or logging in, it may be because you are not using the correct url[: https://cuesta.instructure.com/](file:///C:\\Users\\wilshusen\\AppData\\Local\\Temp\\%20https\\cuesta.instructure.com\\" \o "Canvas Web Address) or you are using a phone or using an unsupported browser.

Your learning environment is best accessed from a desktop or laptop computer, using Firefox or Chrome browser software. This may solve your problem! Please review the [browser requirements and minimum computer specifications](http://www.cuesta.edu/student/aboutacad/distance/faqs_technical.html) for Canvas applications.

## Accommodations:

This course is designed using an accessible Learning Management System, and course materials have been created with ADA compliance in mind. If you have a disability and might need accommodations in this class such as extended time on exams or other resources. Please contact the instructor as soon as possible so that you can receive appropriate accommodations in a timely manner. You should also contact [DSPS (Disabled Student Programs & Services)](http://www.cuesta.edu/student/studentservices/dsps/index.html) at 805-546-3148.

## College & Course Policies:

**Academic Honesty Policy:** In addition to my course policies described in the syllabus, please note all students attending San Luis Obispo County Community College District at any district site and when representing Cuesta College in any off-campus activity, assume an obligation to conduct themselves in an acceptable manner compatible with the Student Code of conduct. Please review the [Cuesta College Student Code of conduct](https://www.cuesta.edu/about/documents/vpss-docs/StudentConducttrifold-brochure_2017.pdf) and other college policies listed on the Student Affairs page of the Cuesta College web site.

**Add / Drop Policy:** In addition to the course policy described in the syllabus, please review the Cuesta policy for drops and withdrawals: [Add Policy](https://www.cuesta.edu/student/studentservices/admrreg/arpolicies/addcourse.html)  [Drop Policy](https://www.cuesta.edu/student/studentservices/admrreg/arpolicies/dropcourse.html" \o "Cuesta Drop Policy)

**Waitlist Policy:**  Please review [Cuesta’s waitlist procedure and instructions](http://www.cuesta.edu/student/studentservices/admrreg/arpolicies/Waitlist.html):